Step Into Scaredy Bear's World

Storytelling with Rebecca Bishop

An interactive, sensory storytelling experience for children aged 3–7

A little bear, a woodland adventure and a gentle story about finding courage when things feel a little scary.

Join children's author and illustrator Rebecca Bishop for a special storytelling experience inspired by Scaredy Bear's Courageous Tale, part of the E-motions™ Series.

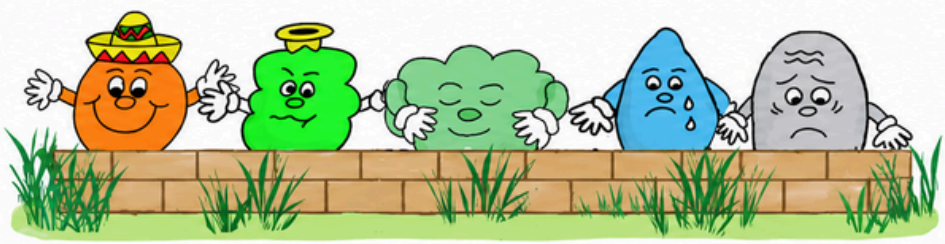


As Scaredy Bear's adventure unfolds, children are drawn into his world through storytelling, gentle sensory experiences and shared moments of discovery. From the mystery of the woodland cave to an unexpected journey down the river, there's plenty to capture their curiosity and imagination.

FEAR • COURAGE • HAPPINESS • EXCITEMENT • CALM

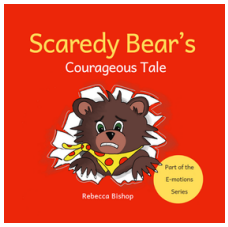
Five feelings woven through one memorable story.

The E-motions™ Series.



Where big feelings find their way to calm

Bringing the Story to Life



Sensory storytelling creates opportunities to support children's attention, communication, imagination, body awareness and emotional development.

The Journey	Child Sensory Experience	Developmental skills supported
Meet Scaredy Bear in a Winter Woods	**Visual & auditory:** See the winter setting and hear woodland sounds.	Curiosity, attention and sensory awareness.
Fear of the dark: Stepping into a Dark Cave	**Visual, auditory & tactile:** Watch lights appear, hear the sounds and create footsteps through rhythmic tapping.	Anticipation, attention, rhythm and imitation.
Fear of loud noises: turns into a wonderful surprise	**Auditory & interactive:** Expressive storytelling and playful participation build anticipation for Scaredy Bear's birthday surprise.	Listening, anticipation, communication and emotional awareness.
Fear can be fun: Excitement on a Raging River	**Visual, auditory & proprioceptive:** Watch moving waves, hear the wave drum and join in paddling movements.	Coordination, body awareness and imaginative participation.
Discovering a Safe Place	**Auditory, visual & interoceptive:** Listen to calming words, imagine a safe place, practise slow breathing.	Emotional awareness, imagination and exploring self-regulation.

What Teachers Are Saying

"Your delivery was great and the children were engaged from the start.
Children were introduced to lots of different fears that they could relate to but more importantly, how to deal with their feelings."

Laura Palfreyman (SENCO) and Sarah Grogan, Reception Teachers
Cobbs Infant & Nursery School

Where big feelings find their way to calm.

A Storytelling Experience to Remember

An imaginative, interactive adventure that helps children explore big feelings and discover their own moments of calm.

Story  Feelings  Join in  Create  Calm 

Interactive Storytelling

Scaredy Bear's adventure comes to life with puppets, sensory props, sounds, visual scenes and movement.

Explore Big Feelings

Children explore fear, courage, happiness, excitement and calm, discovering how feelings change throughout the story.

Fun and Participation

Expressions, movements, repeated phrases, a little story quiz and a birthday celebration

My Safe Place

A creative drawing activity where children imagine a place that helps them feel safe and calm.

A Moment of Calm

A peaceful ending with gentle breathing, guided imagination, poetry and music

Meet Rebecca Bishop

Rebecca is the author and illustrator of The E-motions Series™ and an NLP Master Practitioner. Through her stories, she helps children explore emotions and discover ways to find calm. Discover more about Rebecca and the story behind The E-motions Series™ at www.rebeccabishop.org.uk.

Bring Scaredy Bear's Adventure to You!

An hour of interactive sensory storytelling for children aged 3–7.
Email Rebecca to enquire about availability and book your storytelling experience.

rebecca@rebeccabishop.org.uk

www.rebeccabishop.org.uk

SCAN TO VISIT